



Surgical Specialty
Hospital of Arizona

N e w s R e l e a s e

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INSIGHT IMAGING ANNOUNCES SALE OF PHOENIX IMAGING CENTER

LAKE FOREST, Calif. ... July 20, 2010 ... InSight Health Services Holdings Corp. ("Insight Imaging") (OTCBB: ISGT) today announced the sale of its Camelback Specialty Imaging location in Phoenix, AZ to Surgical Specialty Hospital of Arizona.

Insight Imaging will continue to provide to Surgical Specialty Hospital for one year its Enterprise Solutions products and services. Insight Imaging Enterprise Solutions is a turn-key solution for imaging centers, providing a suite of clinical and business applications with integrated billing and collections services.

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About Insight Imaging

Insight Imaging, headquartered in Lake Forest, California, is a provider of retail and wholesale diagnostic imaging services. Insight Imaging serves a diverse portfolio of customers, including healthcare providers, such as hospitals and physicians, and payors, such as managed care organizations, Medicare, Medicaid and insurance companies, in over 30 states, including the following targeted regional markets: California, Arizona, Texas, New England, the Carolinas, Florida and the Mid-Atlantic states.

For more information, please visit www.insighthealth.com.

About Surgical Specialty Hospital of Arizona

Surgical Specialty Hospital of Arizona (SSHAZ) is a full service inpatient and outpatient surgical hospital providing spine, orthopedic, neurosurgery, bariatric, general surgery, pain management and endoscopy care. The facility has 33 beds including a multi-organized service unit, the first in the state of Arizona, featuring six beds that can provide intensive care, intermediate and medical-surgical care. SSHAZ is accredited by

The Joint Commission, licensed by the Arizona Department of Health Services, and Medicare certified for care of surgical patients. A hospitalist group is on staff to assist in the medical management of patients.

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Safe Harbor

The foregoing contains forward-looking statements regarding Insight Imaging. They reflect Insight Imaging's current views with respect to current events and financial performance, are subject to many risks, uncertainties and factors relating to Insight Imaging's operations and business environment which may cause the actual results of Insight Imaging to be materially different from any future results, express or implied by such forward-looking statements. Insight Imaging intends that such forward-looking statements be subject to the Safe Harbor created by Section 27(a) of the Securities Act of 1933 and Section 21E of the Securities and Exchange Act of 1934. The words and phrases "expect," "estimate," and "anticipate" and similar expressions identify forward-looking statements. Certain factors that could cause actual results to differ materially from these forward-looking statements include, but are not limited to, the following: (i) Insight Imaging's ability to successfully implement its core market strategy; (ii) overcapacity and competition in Insight Imaging's markets; (iii) reductions, limitations and delays in reimbursement by third-party payors; (iv) contract renewals and financial stability of customers; (v) changes in the nature of commercial health care insurance arrangements, so that individuals bear greater financial responsibility through high deductible plans, co-insurance and co-payments; (vi) conditions within the healthcare environment; (vii) the potential for rapid and significant changes in technology and their effect on Insight Imaging's operations; (viii) operating, legal, governmental and regulatory risks; (ix) conditions within the capital markets, including liquidity and interest rates, and (x) economic (including financial and employment market conditions), political and competitive forces affecting Insight Imaging's business, and the country's economic condition as whole.