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INSIGHT HEALTH SERVICES HOLDINGS CORP. ANNOUNCES COMPLETION OF ACQUISITION OF TWO BOSTON-METRO IMAGING CENTERS

LAKE FOREST, CALIF. . . . April 23, 2009 . . . InSight Health Services Holdings Corp. (“InSight”) (OTCBB:ISGT) today announced that a wholly owned subsidiary of InSight had completed the previously announced acquisition of two imaging centers in the Boston-metropolitan area. One center is exclusively MRI while the other is a multi-modality facility.

Kip Hallman, InSight’s President and Chief Executive Officer stated: “We are pleased to have completed this acquisition and the integration of these two centers into our New England regional market, which stretches from Maine to Connecticut. We are extremely excited to have the talented staff of these two centers on the InSight-team.”

About InSight

InSight, headquartered in Lake Forest, California, is a provider of diagnostic imaging services through a network of fixed-site centers and mobile facilities. InSight serves a diverse portfolio of customers, including healthcare providers, such as hospitals and physicians, and payors, such as managed care organizations, Medicare, Medicaid and insurance companies, in over 30 states, including the following targeted regional markets: California, Arizona, New England, the Carolinas, Florida and the Mid-Atlantic states. As of December 31, 2008, InSight’s network consists of 63 fixed-site centers and 114 mobile facilities.

For more information, please visit www.insighthealth.com.

Safe Harbor

The foregoing contains forward-looking statements regarding InSight. They reflect InSight's current views with respect to current events and financial performance, are subject to many risks, uncertainties and factors relating to InSight's operations and business environment which may cause the actual results of InSight to be materially different from any future results, express or implied by such forward-looking statements. InSight intends that such forward-looking statements be subject to the Safe Harbor created by Section 27(a) of the Securities Act of 1933 and Section 21E of the Securities and Exchange Act of 1934. The words and phrases "expect," "estimate," and "anticipate" and similar expressions identify forward-looking statements. Certain factors that could cause actual results to differ materially from these forward-looking statements include, but are not limited to, the following: (i) InSight's ability to successfully implement its core market strategy; (ii) overcapacity and competition in InSight's markets; (iii) reductions, limitations and delays in reimbursement by third-party payors; (iv) contract renewals and financial stability of customers; (v) conditions within the healthcare environment; (vi) the potential for rapid and significant changes in technology and their effect on InSight's operations; (vii) operating, legal, governmental (including changes in the federal administration) and regulatory risks; (viii) conditions within the capital markets, including liquidity and interest rates, and (ix) economic (including financial and employment market conditions), political and competitive forces affecting InSight's business, and the country's economic condition as whole.