



News Release

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At InSight:

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INSIGHT HEALTH SERVICES HOLDINGS CORP. TO HOST FIRST QUARTER FISCAL 2009 RESULTS CONFERENCE CALL

LAKE FOREST, Calif. ... November 10, 2008 ... InSight Health Services Holdings Corp. ("InSight") (OTCBB: ISGT) today announced that management will host a conference call to discuss results for its first quarter ended September 30, 2008. InSight expects to file its Quarterly Report on Form 10-Q for its first quarter with the Securities and Exchange Commission on or before Thursday, November 13, 2008. The call is scheduled for Friday, November 14, 2008, at 10:00 a.m. Pacific Standard Time.

Kip Hallman, President and Chief Executive Officer, and Keith S. Kelson, Executive Vice President and Chief Financial Officer, will host the conference call.

To participate by telephone, please dial 303-305-0033 or 800-257-2101 ten minutes prior to the scheduled call.

To listen to an archived web cast of the call, visit www.insighthealth.com, go to the bottom of the home page and click on "More Financial Info" to access a link to the call. The archived web cast of the call will be available for 90 days beginning on November 17, 2008.

About InSight

InSight, headquartered in Lake Forest, California, is a provider of diagnostic imaging services through a network of fixed-site centers and mobile facilities. InSight serves a diverse portfolio of customers, including healthcare providers, such as hospitals and physicians, and payors, such as managed care organizations, Medicare, Medicaid and insurance companies, in over 30 states, including the following targeted regional markets: California, Arizona, New England, the Carolinas, Florida and the Mid-Atlantic states. As of September, 2008, InSight's network consists of 76 fixed-site centers and 109 mobile facilities.

For more information, please visit www.insighthealth.com.