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Contacts:

At InSight:
Kip Hallman
President & CEO
Mitch C. Hill
Executive Vice President & CFO
(949) 282-6000

INSIGHT HEALTH SERVICES HOLDINGS CORP. TO HOST RESULTS CONFERENCE CALL FOR FOURTH QUARTER AND FISCAL YEAR ENDED JUNE 30, 2008

LAKE FOREST, Calif. ... September 22, 2008 ... InSight Health Services Holdings Corp. ("InSight") (OTCBB: ISGT) today announced that management will host a conference call to discuss results for its fourth quarter and fiscal year ended June 30, 2008. InSight expects to file its Annual Report on Form 10-K for the 2008 fiscal year with the Securities and Exchange Commission on or before Thursday, September 25, 2008. The call is scheduled for Friday, September 26, 2008, at 8:00 a.m. Pacific Daylight Time.

Kip Hallman, President and Chief Executive Officer, and Mitch C. Hill, Executive Vice President and Chief Financial Officer, will host the conference call.

To participate by telephone, please dial 1-800-219-6110 ten minutes prior to the scheduled call.

To listen to an archived web cast of the call, visit www.insighthealth.com, go to the bottom of the home page and click on "More Financial Info" to access a link to the call. The archived web cast of the call will be available for 90 days beginning on October 1, 2008.

About InSight

InSight, headquartered in Lake Forest, California, is a provider of diagnostic imaging services through a network of fixed-site centers and mobile facilities. InSight serves a diverse portfolio of customers, including healthcare providers, such as hospitals and physicians, and payors, such as managed care organizations, Medicare, Medicaid and insurance companies, in over 30 states, including the following targeted regional markets: California, Arizona, New England, the Carolinas, Florida and the Mid-Atlantic states. As of June 30, 2008, InSight's network consists of 82 fixed-site centers and 110 mobile facilities.

For more information, please visit www.insighthealth.com.